

# St Clare's Catholic Primary School Newsletter

## Friday 12th of April 2024

St Clare's is a Christ-centered family where everyone is valued and respected. We learn and grow, whilst strengthening our relationship with God and one another. Together in His love, we can achieve our full potential.

Play, learn and grow together with Christ



#### Mrs Charnley's Message



Welcome back and Happy Easter, Eid Mubarak and Holi to all our families. What a great start to the new term and how lovely to see everyone's smiling faces ready for the busy weeks ahead. This term sees the government's testing weeks for our children in Year 6, along with the phonic screening test for Year 1 and the multiplication test for Year 4. Of course, there is so much more to a school than just testing and this term promises to be the busiest yet! Please look at the diary dates below to make sure that you have them so you can enjoy the term as much as we do.

Curriculum information on the website gives you a 'flavour' of the work planned for the children this term. There is so much happening for the children to enjoy so please take the time to have a look at all the key dates. I know that staff have shared this term's learning with parents on the class blog page and remember that on Thursday 18th April you are all welcome to come and see your children's work in their classes. Our doors are open from 3.30 pm until 4.30 pm, so you will have a chance to enjoy looking at the wonderful work the children have created this academic year so far. Today to hear that Meta has reduced the age of WhatsApp to 13, still above children who attend St Clare's, is a huge concern. This is a really important area of life that as families we need to support the children. We would love your help with this as we are increasingly having to support the children with online problems happening at home while in school. We find that what is happening on social media and platform chat rooms bleeds into the school and vital time that we should be using for learning is supporting the children when there is unkindness online. If you have given your child access to social media or they are accessing chat rooms then please look at their controls to ensure they are safe online at home. Please make sure they understand the dangers and what to do to keep themselves safe. To help, there is a reference guide for you all and there is more information on the school website too, which you can access by copying and pasting the following into your web browser: -

#### Chrome

extension://efaidnbmnnnibpcajpcglclefindmkaj/https://ehx94pqt4 mp.exactdn.com/wp-content/uploads/2022/02/Info-sheet-4parents-Jan-2022.pdf

#### https://st-clares.lancs.sch.uk/computing/

It looks like the lovely weather is still not on its way with the weekend seeing more rain - at times like this we have to remember that 'April showers bring May flowers!'. Have a lovely weekend.

#### God Bless,

Mrs Charnley and the staff of St Clare's.

## Top 5 online safety tips for kids

## 1

Set up your device to protect your information.

## 2

Explore safely and tell an adult if you see anything online that makes you feel yuck.

## 3

Limit who can contact you when you're playing games.

## 4

Stop all contact with anyone online who asks you to do anything you don't want to do. Report and block them.

## 5

Ask for help if anything online is bothering you.



#### This Weeks Mission

#### **Diary Dates**

Here is our weekly mission - a small way of putting into practice the gospel values. We believe we are called to live our lives differently because of what we have experienced and prayed about. What we offer as the 'mission' is a suggestion of how we can all do just that.



Jesus showed himself to his friends, he wants to show himself to you and give you his peace.

In your prayer time this week, be honest with Jesus about anything which is worrying you. You can invite him to fill you with his peace.



Wednesday 17th April – Summer Term School Mass (9:15am).

Thursday 18th April - Meet the teacher (informal drop in /book celebration) in class (3:30-4:30pm).

Thursday 25th April - Pine Class Trip - Ribchester Museum.

Friday 3<sup>rd</sup> May – May Procession (1:45pm)

Monday 6th May - Bank Holiday

Tuesday 7th May - Cherry Class Trip - Lee House.

Monday 13th May - Start of KS2 SATS week.

Monday 13th - 16th May - Year 5 Bike ability.

Wednesday 15th May - Beech Class Trip - Brockholes.

Friday 17th May - Year 6 Bike ability.

Friday 24th May - Sports Day (1:30pm).

Friday 24<sup>th</sup> May – Last day of Term.

Monday 3<sup>rd</sup> June – Return To school.

Wednesday 10<sup>th</sup> July – Year 6 Summer Production (2pm & 6pm).

Tuesday 16<sup>th</sup> July – Year 6 Leavers Mass / Assembly (1:30pm).

Tuesday 16<sup>th</sup> July – Year 6 Leavers Meal at Marino's (4:15pm).

Protect your family and book any missed vaccinations against measles, mumps and rubella with your GP surgery now



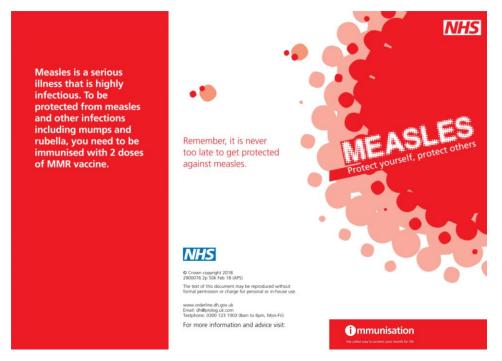


Protect your family and book any missed vaccines with your GP surgery now

#### Worried about pork gelatine in vaccines?

You can ask for the MMR vaccine that does not contain this ingredient (Priorix)

#### MMR vaccination



#### It's not just for children

#### www.nhs.uk/measles

• Low levels of immunisation uptake in the past have led to a significant increase in the number of individuals not protected against measles. And the more people that are not protected, the more rapidly measles will spread.

• Measles is caused by a very infectious virus causing a rash and high fever and can be very serious. The illness can be more severe in adults and can last for longer. Someone with measles usually has to spend about five days in bed and be off school or work for ten days. Adults are also more susceptible to complications.

• Complications of measles can include ear and chest infections, fits, diarrhoea, encephalitis (infection of the brain), and brain damage. About one in 3000 individuals is likely to die. There have been four deaths in the UK since 2006.

• Measles is highly infectious – a cough or a sneeze can spread the measles virus over a wide area. If you come into contact with it and are not protected, the chances are that you will be infected.

• You are at greatest risk if you have not been immunised with two doses of MMR vaccine.

• If you have missed one or both of your MMR vaccinations contact your GP surgery to arrange an appointment. For more information please visit www.nhs.uk/measles or <a href="http://www.nhs.uk/conditions/vaccinations/mmr-vaccine">www.nhs.uk/conditions/vaccinations/mmr-vaccine</a>.

• By getting immunised you will not only be protecting yourself but also those people, especially children, who cannot have MMR because they have illnesses such as leukaemia. They are protected if enough of the population is vaccinated so measles is eliminated.

• If you can't remember if you've had both MMR vaccinations, it's better to book an appointment to have MMR vaccine because extra doses pose no health risk. If you need two doses, they should be given one month apart.

• The MMR vaccine may cause side

effects for up to six weeks after the immunisation. The symptoms are similar to those caused by the diseases but are extremely mild and harmless and are not contagious. Speak to your nurse or doctor if you are at all concerned. If you are having treatment for a serious condition such as a transplant or cancer, or you have a condition that affects your immune system such as HIV get advice from your nurse or doctor.

• In the UK we have two MMR vaccines. Both of the vaccines work very well, one contains porcine gelatine and the other doesn't. If you want your child to have the porcine gelatine free vaccine, talk to your practice nurse or GP.

• If you care for other people or young children as part of your work, it's particularly important that you are fully immunised with MMR. Passing on measles to children who are too young to have MMR vaccine or to someone who is already ill, can have very serious consequences for their health.